



WEEK 1

### Classic Favourites

MONDAY



### EASTERN

TUESDAY



### Great British

WEDNESDAY



### SOUTHERN STYLE

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

#### BEEF BOLOGNAISE

Garlic Bread, Peas, Garden Salad

#### KUNG PAO CHICKEN

Shredded Greens, Egg Fried Rice, Prawn Crackers

#### ROAST PORK

Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

#### CHILLI CON CARNE

Nachos, Rice, Sour Cream, Salsa

#### FRESHLY BATTERED FISH/ SALMON FISHCAKES

Chips, Mushy Peas

VEGETARIAN MEAL

#### VEGGIE BOLOGNAISE

Garlic Bread, Pea Garden Salad

#### ORIENTAL STIR FRIED NOODLES

Crunchy Vegetables

#### MACARONI CHEESE

Mixed Salad or Seasonal Vegetables

#### MIXED BEAN CHILLI CON CARNE

Nachos, Rice, Sour Cream, Salsa

#### MATURE CHEDDAR & SUN-DRIED TOMATO QUICHE

PASTA POTS

#### TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

#### TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

#### MIXED BERRY & APPLE CRUMBLE

Ice Cream

#### AMERICAN STYLE PANCAKES

Fruit Toppings

#### STICKY LEMON SPONGE

Custard

#### CHURROS

Toffee Dipping Sauce

#### CHOCOLATE SPONGE

Chocolate Sauce

COLD PUD

#### FROZEN YOGHURT & FRUIT

#### BANOFFEE POT

#### CHOCOLATE ORANGE YOGHURT MOUSSE

#### LEMON & RASPBERRY CHEESECAKE

#### CUCINA SUNDAE

FRUIT POT

WATERMELON

ORANGE WEDGES

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

GRAPES

JELLY POTS

STRAWBERRY

ORANGE

RASPBERRY

LEMON

MIXED BERRY

YOGHURT POTS

GREEK STYLE HONEY

LEMON

STRAWBERRY

MANGO

PASSION FRUIT

TRY OUR HOME-MADE **SOUP** WITH FRESHLY BAKED BREAD

LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS



PIZZAS, WRAPS & PANINIS FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY

Collect Before You Go Home

LUNCH MEAL DEAL

Check out what's on offer today!

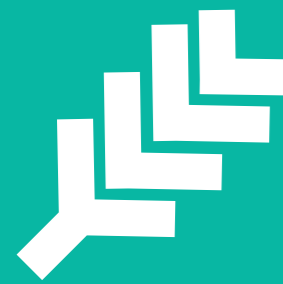


WATCH OUT FOR OUR

**POP UP & STREET FOOD PROMOTIONS**

All of Our Deli Range, Sandwiches, Salads & Desserts are

**FRESHLY MADE HERE DAILY**



WEEK 2

### Classic Favourites

MONDAY



### EASTERN

TUESDAY



### Great British

WEDNESDAY



### SOUTHERN STYLE

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**TRADITIONAL SAUSAGE & MASH**  
Onion Gravy, Broccoli

**MILD CHICKEN KORMA**  
50/50 Rice, Poppadums, Pickle Tray

**ROAST GAMMON**  
Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

**SMOKY BBQ CHICKEN**  
Savoury Rice, Blackened Corn

**FRESHLY BATTERED FISH/ SALMON FISHCAKES**  
Chips, Minted Peas

VEGETARIAN MEAL

**VEGAN SAUSAGE & MASH**  
Onion Gravy, Broccoli

**SQUASH CHICKPEA & SPINACH BALTI**  
50/50 Rice, Poppadums, Pickle Tray

**GOATS CHEESE & ONION MARMALADE WELLINGTON**  
Seasonal Vegetables, Veggie Gravy

**SMOKY BBQ OUMPH**  
Savoury Rice, Blackened Corn

**CHICKPEA & CORIANDER BURGER**  
Minted Yoghurt Dip

PASTA POTS

**TOMATO & BASIL**

**PESTO PASTA**

**QUORN BOLOGNAISE**

**ARRABIATA**

**CARBONARA**

**FLORENTINE**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

HOT PUD

**CLASSIC APPLE PIE**  
Ice Cream

**PINEAPPLE UPSIDE DOWN PUDDING**  
Vanilla Sauce

**JAM SPONGE**  
Custard

**BOSTON BROWNIE**  
Ice Cream

**CREPE BAR**  
Fruit Sauces

COLD PUD

**KEY LIME PIE**

**FRUIT TART**

**STRAWBERRY CHEESECAKE**

**RASPBERRY TIRAMISU**

**CUCINA SUNDAE**

FRUIT POT

**WATERMELON**

**PINEAPPLE & TOFFEE**

**FRESH FRUIT SALAD**

**ORANGE WEDGES**

**GRAPES**

JELLY POTS

**STRAWBERRY**

**ORANGE**

**RASPBERRY**

**LEMON**

**MIXED BERRY**

YOGHURT POTS

**GREEK STYLE HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

TRY OUR HOME-MADE **SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**

**PIZZAS, WRAPS & PANINIS**  
FRESH OPTIONS EVERY DAY

**TAKE HOME A TAKEAWAY**  
Collect Before You Go Home

**LUNCH MEAL DEAL**  
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WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**

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WEEK 3

### Classic Favourites

MONDAY



### EASTERN

TUESDAY



### Great British

WEDNESDAY



### SOUTHERN STYLE

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**GREEK MEATBALL PITTA**  
Mint Yoghurt, Chopped Salad & Oregano Wedges

**CHICKEN KATSU CURRY**  
50/50 Rice, Stir Fried Greens, Japanese Crackers

**ROAST TURKEY**  
Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

**FERNANDO'S CHICKEN IN A BUN**  
Cajun Wedges, BBQ Beans, Coleslaw

**FRESHLY BATTERED FISH/ SALMON FISHCAKES**  
Chips, Garden Peas

VEGETARIAN MEAL

**PLANT-BASED MEAT-BALL PASTA BAKE**  
Garlic Bread, Mixed Salad

**VEGETABLE, TOFU, SOYA BEAN SPRING ROLL**  
50/50 Rice, Stir Fried Greens

**MATURE CHEDDAR & BROCCOLI QUICHE**  
Mixed Salad or Seasonal Vegetables

**CAJUN GRILLED HALLOUMI BURGER**  
Cajun Wedges, BBQ Beans, Coleslaw

**GRILLED VEGETABLE & QUORN SKEWERS**  
Mixed Salad

PASTA POTS

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

**WAFFLE BAR**  
Fruit Compote

**JAM ROLY POLY**  
Custard

**STICKY TOFFEE PUDDING**  
Toffee Sauce

**CHOCOLATE BREAD & BUTTER PUDDING**  
Custard

**APPLE & PEAR CRUMBLE**  
Ice Cream

COLD PUD

**LEMON YOGHURT CHEESECAKE POT**

**MANGO & LIME PANNA COTTA**

**CHOCOLATE ORANGE MOUSSE**

**MANGO FRUIT FOOL**

**CUCINA SUNDAE**

FRUIT POT

WATERMELON

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

ORANGE WEDGES

GRAPES

JELLY POTS

STRAWBERRY

ORANGE

RASPBERRY

LEMON

MIXED BERRY

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